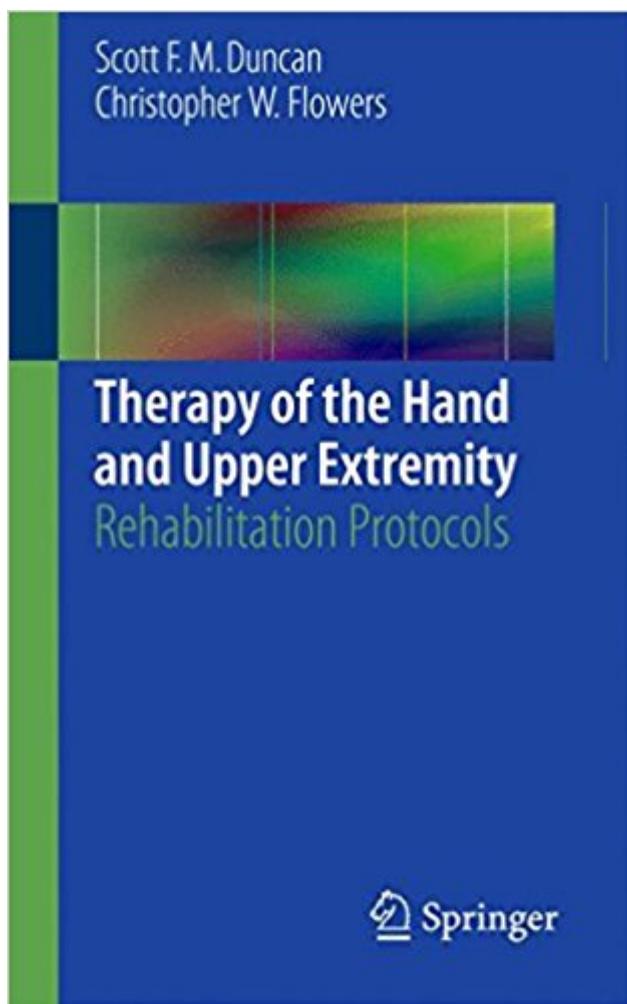


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# Therapy Of The Hand And Upper Extremity: Rehabilitation Protocols



## Synopsis

Presenting over 100 rehabilitation protocols for the hand and upper extremity in an easy-to-use, step-by-step format, this practical reference provides surgeons and therapists alike with a go-to source for the therapy technique or strategy appropriate for their patients. Covering injuries from the shoulder, elbow, wrist, hand and fingers, each protocol includes bullet-pointed steps in daily or weekly increments following the injury or surgery and are inherently adaptable to the specific surgical intervention or rehabilitation requirement. Procedures following arthroplasty, extensor and flexor tendon injuries, fractures and dislocations, ligament and soft tissue injuries, and nerve compression syndromes are among the many and multifaceted therapies presented. This book will be an invaluable resource for the orthopedic surgeon, hand surgeon, physical therapist, occupational therapist, hand therapist and any active clinician treating injuries to the hand and upper extremity.

## Book Information

Paperback: 282 pages

Publisher: Springer; 2015 edition (February 21, 2015)

Language: English

ISBN-10: 3319144111

ISBN-13: 978-3319144115

Product Dimensions: 5 x 0.7 x 8 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 3.5 out of 5 stars 2 customer reviews

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## Customer Reviews

âœThis is a valuable and straightforward reference on all upper extremity disorders. Overall, for practicing orthopedic clinicians who encounter all types of patients, this is an excellent resource on those with upper extremity disorders, especially those rarely encountered. This book presents these diagnoses in a quick, easy to find format. It is ideal for busy clinicians who donâ™t have a lot of time to research multiple resources to get their patients started on rehabilitation quickly.â•

(Christopher D. Blessing, Doody's Book Reviews, May, 2015)

Presenting over 100 rehabilitation protocols for the hand and upper extremity in an easy-to-use, step-by-step format, this practical reference provides surgeons and therapists alike with a go-to source for the therapy technique or strategy appropriate for their patients. Covering injuries from the shoulder, elbow, wrist, hand and fingers, each protocol includes bullet-pointed steps in daily or weekly increments following the injury or surgery and are inherently adaptable to the specific surgical intervention or rehabilitation requirement. Procedures following arthroplasty, extensor and flexor tendon injuries, fractures and dislocations, ligament and soft tissue injuries, and nerve compression syndromes are among the many and multifaceted therapies presented. This book will be an invaluable resource for the orthopedic surgeon, hand surgeon, physical therapist, occupational therapist, hand therapist and any active clinician treating injuries to the hand and upper extremity.

Nice size to keep on my desk in the clinic. Everything is bullet point, so you dont need to wade thru text to find what you need. A great 'cookbook' approach. Very nice quick reference!

Some sections were pretty vague, esp with the hand, so don't purchase this for your clinic to use if you're not already familiar with most diagnoses and treatments.

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